

# PRACTICE INSIDER

I've been a full-time practicing dentist in the St. Louis, Missouri, area for more than 25 years, and I place a heavy emphasis on comprehensive esthetics. Since beginning, I've expanded and now own several practices in the St. Louis area. I was looking for a hybrid material that would provide a highly esthetic restoration with great clinical characteristics and less brittleness and opposing wear than what is seen with other, harder ceramic materials. I found that the Shofu Block HC looks great right out of the mill without the need for a firing oven, and it is easy to obtain a great, long-lasting polish using traditional polishing abrasives. The material will fit into the protocols of most any restorative-driven practice, increasing both efficiency and clinical success—both of which are critical components of any profitable practice.

## PREDICTABILITY BENEFITS PRACTICE WORKFLOW

Jack Griffin, DMD, on Shofu Dental Corporation's Block & Disk HC



**1.** Milled quickly and precisely and polished to a high gloss in a very short time, the restoration can be cemented or screw-retained immediately. The material is suitable for a wide range of indications, including minimally invasive inlays, onlays, and cosmetic veneers; full crowns for anterior and posterior teeth; and implant-supported restorations. **2.** Shofu Block & Disk HC's unique hybrid ceramic material combination ensures exceptional transmission of natural light, an instant color match, and increased durability. **3.** With superior flexural strength and low flexural modulus, the material has an excellent capability to diffuse stress, making it an ideal alternative to lithium disilicate and zirconia.

**What is one of the best features of the product?**  
The margins resist chipping, resulting in excellent marginal fit and durability with natural-looking physical properties.

**When do you use the Shofu HC Blocks?** These blocks are a great material to use for many indirect restorations, particularly conservative inlays and onlays.

**Does it benefit overall workflow?** Yes. The predictability and durability reduce the most inefficient aspect of any practice—re-treating restoration failure.